Surfing on the Cape Fear Coast

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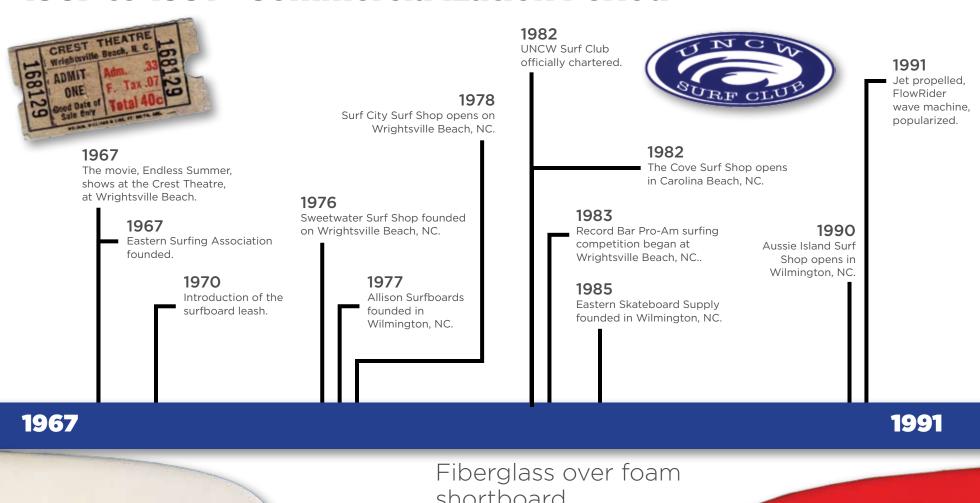




1946 to 1966 - Contemporary Period

1962 Wipeout, by the Surfaris, is released. J.M. Binkley (middle) gifts a fiberglass balsa surfboard to Bill Creasy of 1964 Wrightsville Beach, NC. East Coast Surfboards founded, Carolina Beach, NC. 1959 The movie, Gidget, shows at the Colony Theatre, in Wilmington, NC. 1962 Wrightsville Beach Surf Club founded 1959 The author's college roommate, Stanley 1965 Winbourne, surfs on Surfing wax becomes an Wrightsville Beach, available accoutrement. with a fiberglass and balsa board he purchased in Virginia Beach, VA. 1960 Surfer Magazine

1967 to 1991 - Commercialization Period



Fiberglass over balsa with fin

1946

Fiberglass over foam longboard

1966

shortboard

all the sensations our feet. I started mat surfing at several loc and excited people.

It was in that atmosphere. I was bitten our feet. I started mat surfing at several loc tions on the Cape Fear Coast, typically John Mercers Fishing Pier, Lumina Pavilion, Crystal Fishing Pier on Wrightsville Bea

by the surfing bug.

We learned from the waves - feeling the motion and energy of the surf. In 1954, at 6 years old, I started my wave riding apprenticeship, utilizing inflatable surf mats. Inflatable mat surfing was popular and we learned to ride prone, crouch, ride straight in and angle across the waves. The mats were typically made by Converse, the shoe manufacturer. The rented mats were made in matching colors and were numbered for identification. Our surf mats were inflated to a higher air pressure than for tourists. Ours were inflated as hard as rocks, so they did not bend on a breaking wave. My family provided us with many privately owned surf mats. As well, we did not wear rubber swim fins on

our feet. I started mat surfing at several locations on the Cape Fear Coast, typically Johnnie Mercers Fishing Pier, Lumina Pavilion, and Crystal Fishing Pier on Wrightsville Beach or the Boardwalk Area and Fisherman's Steel Pier at Carolina Beach. From 1954 until 1960, I was in swimming and canoe training at the YMCA. My family taught me gentle body surfing and I was swimming like a fish by 4 or 5 years old.

This was at a time when contemporary surf-boards were not readily available on the Cape Fear Coast. However, in the early to middle 1950's, low density styrofoam surfboards were available and we rode them in the prone position. There were at least two contemporary surfboards (Bill Creasy and Stanley Winborne, owners) around Wrightsville Beach between 1954 and 1959, but focus of their use was as a family and not as an individual. That was the kind of relationships that turned us into the contemporary pioneer surfers.

The Cape Fear Coast wave is perfect for body surfing, which some locals considerer the purest form of surfing. By 1956, your author was developing the skills to handle the waves of the ocean breaking near the shore. We often learned to body surf by piggy backing or doubling with an older relative or friend. The

buddy system was a requirement to advance into breaking waves. We learned to body surf as the waves broke near the shore creating a turbulent surf front of bubbles, foam, spray and splashes of water. As the waves propelled our bodies through the breakers, we fell into a deeper love for the sea. We honed our skills, racing man to man, as we traveled shoreward on broken waves. We also learned to roll over on our backs while body surfing.

Our formal swim and dive training paid off. A significant part of body surfing was also developing a strong kick stroke with your legs and feet. We developed as strong bodysurfers, as

we kicked off the bottom. The position of wave breaking is important to the body surfer. We would swim out with a buddy to an observable position where the waves were constantly breaking. The crests generally overturn down the face of the wave, the wave is of the spilling or rolling variety and is ideal for body surfing. We termed the method of catching a wave, porpoising, because it is clearly used by bottlenose dolphins and porpoises to play in the waves near the shoreline just before the waves break. By watching porpoises we learned to exit out of the back of waves. If the waves are too large, they are not suitable for body surfing and at that time we utilized a wave riding

Surf Mat Competition

In 1954 at the Makaha International Surfing Championships in Oahu, Hawaii mat surfing was included in the surfing competitions. According to World Surfing Champion Fred Hemmings, "Events included women's open, senior open and junior men championships, bodysurfing, paddleboard races, tandem surfing and mat surfing." California's George Greenough, was riding surf mats in the mid fifties and is credited for starting the short board revolution in the late sixties. Mat surfing earned its rightful place in surfing history, before the boogie boards were invented in

Wrightsville Beach - 1954

Skipper and his brother, "Buddy", enjoy a day playing on their surf mat at Johnnie Mercer's Fishing Pier.



vehicle. It was important to practice body surfing skills, particuraly if it was a dumping or plunging wave. We learned to avoid turbulence, by diving under breaking waves as they moved towards the beach. The turbulence passes overhead when the body surfer dives to the bottom and clings the sand. Body surfers must be in good physical condition to catch and ride a wave - they must be able to accelerate quickly to the wave speed. This is easily done by standing and propelling the body forward just as the wave

touches the back of the legs or back.

ocean is strong,

you must go with it,

Secret Spot

maritime environment.

don't fight it." In the early days

surfboard riding, wipe outs generally re-

quired swimming to retrieve your surfboard,

as surfboard leashes had not been invent-

ed. The interrelatedness of lifeguard train-

ing, swimming, body surfing, mat surfing and

water skiing set the stage for contemporary

surfing in the late 1950's and early 1960's.

Why were the pioneer surfing days during the

1950's and 1960's so glorious? In our day on

Onslow Bay, there were more porpoises surf-

ing than there were surfers surfing. Your au-

thor has seen the day on Long Bay, when al-

ligators outnumbered surfers in the surf zone!

It is not unusual that alligators are washed

into the ocean at the mouth of the Cape Fear

River and its estuaries. Gorgeously rugged,

un-crowded and absolutely loaded with wave

riding potential, the Cape Fear Surfing Coast

was an adventure waiting to be discovered. It

was a daily treasure hunt to uncover the magic

behind the appeal of the Cape Fear Coast's

and catch it just before it breaks. Once skilled, we could catch the wave with no swimming strokes or one stroke. We developed maneuvers that helped us escape the possibility of serious neck, head or spinal injury caused by going straight down head first towards the beach to the shallow sand bank below the dumping wave. Rough water body surfing, strong swimming skills, rescue drills and buddy system skills were a requirement in the early days, driven by our training as lifeguards. We were taught to negotiate strong ocean currents, both simulated and in water trainng. At a very young age, we swam in actual strong rip currents. I always remember the verbal drill, "stay calm - don't panic"; "relax or you won't make it"; "the pull of the

On Onslow Bay, there was only a fishing shack or two and no houses on Lea Hutaff Island, Figure Eight Island, Masonboro Island

or Bald Head Island. Your author recalls boating to the locations dozens of times and there were not any people on the entire island, save a fisherman or two. Going to Baldhead Island was as much a hunting and fishing trip, as it was a surfing safari. Topsail Island was little more than a tiny

fishing village, while Wrightsville Beach, Kure Beach, Carolina Beach and Fort Fisher were slowly developing. Successfully hidden away on Long Bay - Holden Beach, Long Beach and Sunset Beach were slowly developing, but the remaining beaches were no more than tiny fishing villages. The tranquility of that beloved time is unique. Fortunately, the State of North Carolina and beach communities have been wise, creating some of the islands as natural reserves, protected into perpetuity.

We were the first contemporary surfers on the 90 mile, Cape Fear Coast. Whether one's vehicle was a plank wooden board, a hollow paddleboard, an inflatable surf mat or a contemporary surfboard, the options for thrills - be they mellow or extreme - were limitless. Beautiful wild beaches, picturesque sand dunes and crystal clean water that teemed

with wildlife - what not to like for a budding waterman or waterwoman! It was the twilight of Cape Fear Coast contemporary surfing and a sport of a relative few. We grew up and lived during Cape Fear Coast's sleeping giant era. We were the fortunate ones who embraced isolated stoke and undisturbed privacy. We had to look around for someone to go surfing with, so you did not have to be alone in the water. If, you ended up surfing alone, you were constantly eyeballing the beach, hoping another surfer would appear. If you were day tripping north or south, there were so few surfers, it was difficult to find someone to go. We all knew each other and if we didn't, we made fast friends.

This was at the time when the entire Cape Fear Coast surfing population numbered less than 50 guys and a few girls. Actually, there were probably less than 25 hard core surfers during the period before 1965. Your author grew up with them and knows all of them. The real glory days of pioneer spirit for the Cape Fear Coast was during the early 1960's to 1965. Each one of those pioneers represents a thread in the fabric of Cape Fear Coast surfing history. The original longboard era in the mid 60's was one of the most significant developments in surfing history.

11'0" East Coast Board

Rodney Everhart did grunt work for Lank Lancaster and Harold Petty but later moved on to help Sonny Danner. This particular board is likely only one of two boards of that size that Rodney remembers being made by East Coast and may have originally pelonged to Bill Reid. He likes to refer to it as a Lank's plank Bill Reid nose-rider model with a Joe Marley speed skeg.

Aug 2006 photos by Steve Everhart)



